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Headteacher: Mrs K Bird Deputy Headteacher: Mrs T Pagett Senior Administration Officer: Mrs T Hawkins

4th October 2021

Dear Parents / Carers,

We are extremely excited to announce that as a school we are introducing 'The Thrive Approach' into our curriculum.

Based on established neuroscience, attachment theory and child development, the Thrive Approach supports children with their emotional health, well-being and social skills, all of which are needed in order for learning to take place.

Children cannot always put their needs into words, but the way children behave can tell us a lot about how they are feeling. For some children there may be a clear reason why they need extra support. This may be due to recent events such as bereavement, family break down or it could perhaps be due to an identified medical condition. For others, there may not be any obvious trigger as to why they are finding some aspects of school and/or home life difficult.

The Thrive Approach is based on growing evidence that the brain develops through personal and social interaction. The relationships that we have are fundamental to who we grow up to be. Our brain is built through trillions of brain-cell connections made by our sensory experiences. Positive experiences enhance brain connections, and sustained negative experiences can restrict them. Through simple, repeated activities over time, within a safe and caring environment with trusted adults, Thrive aims to re-map these brain-cell connections to enable emotional development and support a child's ability to enjoy life and learn.

I have attached a copy of the Thrive information leaflet for parents to this letter which outlines in more detail about this approach. A copy is also available on our school website. If you would like more information about the Thrive approach and in particular the privacy policy please go to the Thrive website: https://www.thriveapproach.com/privacy-policy/

If you have any further questions please do not hesitate to contact me.

Yours sincerely

Mrs Toni Pagett

Deputy Head teacher and SENDCo









